

Name: \_\_\_\_\_

Please answer these questions about \_\_\_\_\_. Be as honest as possible. The purpose of this exercise is to help him/her improve.

LOW										HIGH									
<b>1. Do I communicate well? Do I effectively convey my message?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>2. Am I courageous? Am I unafraid to take risks?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>3. Am I disciplined? Does someone need to watch over me?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>4. Am I focused? Am I easily distracted?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>5. Am I generous? Am I a giving person?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>6. Do I show initiative? Do I start things on my own?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>7. Do I use sound judgment? Do I know what is truly important?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>8. Do I listen? Do I hear others, or only hear what I want to hear?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>9. Am I optimistic? Do I choose to see the good in every situation?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>10. Am I a resolver? Do I just identify problems... or actually fix them?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>11. Am I responsible? Do I hold myself accountable?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10
<b>12. Am I secure? Do I trust those around me?</b>																			
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10